Dear Parents,

It seems that congratulations are in order! Many of our year four to six students represented our school at Lilydale Lake on Friday for the Annual Interschool Cross Country event. Despite the dent in the training schedule, due to bad weather, our students made us proud. They conducted themselves with manners, good sportsmanship and a competitive spirit that is a credit to them. Special congratulations to the following students whose placings put them through to the next round of competition: Kira C, Bridie W, Alice Mc C, Alana Z, Max B, Grace W, Keisha S and Kelly W. Thank you also to Mr Bekkers for training the children and to the teachers and parents who supervised and supported the children at the event.

Congratulation also to the Zappia family who because of their super efforts in selling the most fundraising boxes of chocolates, have won the voucher! Thank you to all the families who participated in this fundraiser and to the P&F for their tireless coordination of the fundraiser; you all do an amazing job!

And the congratulations continue! Congratulations to the students who received the sacrament of the Eucharist for the first time yesterday. The two First Eucharist Masses are always a highlight of our year and yesterday’s celebrations of the Eucharist were no exception. We were all delighted with the day. Thank you to Mrs Jenny Foley for her exceptional planning and running of the day assisted by members of the staff and of course thankyou to Fr. Ashkar. A special word of thanks to the First Communicants who conducted themselves with reverence and to the families for their love and support; a beautiful illustration of “Love Above All” in our community.

This week I ask you to keep the Pynaker family (Mason and Brooklyn), in your prayers as they mourn the loss of their Great Grandfather.

Congratulations to our Students of the Week for last week:

PB: Donna D
PF: Isabelle M
1/2R: Lachlan
1/2F: Maliah I
1/2U: Rukiya S
1/2H: Olive K
3/4C: Jorja R
3/4M: Mawson S
3/4T: Brayden J
3/4N: Lachlan S
5/6B: Jaidyn S
5/6L: Isabella E
5/6F: Shae P
5/6S: Hardy N

My prayers and best wishes for a wonderful week.

Mrs Angela Glennie
(Acting Principal)
SAFETY ON THE ROUNDABOUT!

Please do not “overtake” another car on the roundabout. It is not safe for the children and it is unfair to the teacher on duty who is trying their best to keep the cars moving.

Please be patient!

Children playing after school!

We ask that parents not allow their children to play at the side and around the back of the Administration block after school. We realise that you are supervising your children however other children who should be watching for their cars are joining in the play. It makes it really difficult to find these children once their car comes to collect them.

Parish Development update Quotes and professional advice has been given with regards transition of lighting to lower power consuming ‘Light Emitting Diodes’ for the lights in the church. If you would like to sponsor a single down-light at $30.00 (there are just over 40 of them in total and your contribution covers lights and labour) collect a visitor’s contribution envelope from the foyer some time and write LIGHTS on it and add it into the collection any Sunday or you can leave it at the school office for me to collect with the parish mail. These new lights will use at least a third less power and last around four times longer than the existing lights; the flood lights at the door, already installed, use only one tenth the power. Further updates on the other lights will follow.
School Closure Days

Monday, 8th June – Queen’s Birthday

Monday, 2nd November (Day before Cup Day) – Reporting

(One other day for Staff Professional Development to be confirmed)

Blessed are the peacemakers for they will be called children of God.
In Christ we see the depths of peace.

Christ, our Peacemaker, lead us to seek the ways of peace and to pursue justice for the good of all.

In Christ we see the depths of trust that the goodness of God will prevail, and that the will of God is for divine love to reign on the earth.

Christ, our Peacemaker, by the way we live and by our actions to bring about a more loving world, may you be recognised in us.

Blessed are the peacemakers for they will be called children of God.
Thank you!

A big thank you to the 26 families who have already completed the **Enhancing Catholic Identity (ECSI) Survey**.

We need your help to complete a total of 52 Surveys – only 26 more!

Your perspective on Catholic Identity at St. Mary’s is highly valued so please assist us by completing the survey.

You have a chance to win a $100 voucher of your choice when you complete the survey and return the printed receipt.

If you have any questions, please make contact through the school office.

Mini Vinnies

The Mini Vinnie’s Group are now promoting the **long life Milk and long life food** collection. Bring items to your classroom.

We will be donating these items to the Mt. Evelyn St. Vincent de Paul group in June, to distribute to local people in need.

Thank you for your support!

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**HEADBANDS FOR SALE**

- **3 STYLES IN SCHOOL COLOUR**
- **SAMPLES AND ORDER FORMS AVAILABLE IN THE OFFICE.**
- **$5 EACH.**

<table>
<thead>
<tr>
<th>Style</th>
<th>Quantity</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>A</td>
<td></td>
<td>$5.00</td>
</tr>
<tr>
<td>B</td>
<td></td>
<td>$5.00</td>
</tr>
<tr>
<td>C</td>
<td></td>
<td>$5.00</td>
</tr>
</tbody>
</table>

**HEABAND ORDER FORM:**

Name ___________________________________________________ Class __________

Style A. (select quantity) ___ Style B. (select quantity) ___ Style C. (select quantity) ___

$ 5.00 each

Amount Enclosed $ __________ (Exact money only/Cash Only/No change given)
ST MARY’S MASS TIMES MOUNT EVELYN
Saturday 6.00 pm & Sunday 10.30 am & 5.00 pm

ST MARY’S
NEW WEBSITE
Check out our new website.... The newsletter and other items are uploaded every week for your convenience. (Weekly newsletters will no longer be emailed)
Also including this week, Uniform Order Form/Uniform Policy, Student Work, Tuckshop Menu & Car Park Rules
www.smmountevelyn.catholic.edu.au

SCHOOL FEES
All families have been sent a statement for 2015 and fee agreement forms. If you have not received yours please check your child’s bag or contact the office.

Forms must be return signed by the fee payer/s

St Mary’s BSB/ACCOUNT Details
Please see below our BSB details for online transfers
St Marys Primary School
BSB 083-347
Account Number 676054930

Please clearly state your eldest child name and surname when processing your payment

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St Mary’s Recess Footy Rules:

These rules are aimed at providing the best opportunity for safe and fair play.

Year 1/2 students:
1. Play takes place on the front half of oval.
2. Play takes the form of “Kick to kick” only.
3. No tackling.

Year 3/4 students:
1. Play takes place on the front half of oval.
2. Play takes the form of “Kick to kick” or “Marks up” only.
3. No tackling.

Year 5/6 students:
1. Modified matches can be played.
2. Play takes place on the back half of oval.
3. No tackling.
4. 3 “taps” for holding the ball.

UNIFORM SHOP - NEW OPENING TIMES
Opening hours
Tuesday Afternoon 3.00pm - 3.30pm &
Thursday Morning 8.30am – 9.00am
Order forms available at the office. Payment of cash or cheque MUST be included with your order.

St. Mary’s Coffee Morning
Every Monday Morning At The Church
Sunday, 31 May 2015: The Most Holy Trinity - Year B

Gospel

Mt 28:16-20
A reading from the holy Gospel according to Matthew

_Baptise them in the name of the Father, and of the Son, and of the Holy Spirit._

The eleven disciples set out for Galilee, to the mountain where Jesus had arranged to meet them. When they saw him they fell down before him, though some hesitated. Jesus came up and spoke to them. He said, ‘All authority in heaven and on earth has been given to me. Go, therefore, make disciples of all the nations; baptise them in the name of the Father and of the Son and of the Holy Spirit, and teach them to observe all the commands I gave you. And know that I am with you always; yes, to the end of time.’ _The Gospel of the Lord_

Community Prayer
3 / 4 T, 3/4 M and Prep B will celebrate Mass in the church this Thursday 4th June at 9.00a.m. All welcome to attend.

Congratulations to our First Communion children
We congratulate all the children who made their First Holy Communion yesterday. It was a very special and memorable day for all these children.

_Congratulations to:_

Shalina T                      Phoebe H                      Wil A
Reagan A                      Oliver M                      Brayden J
Rory B                        Taylah C                      Katherine M
Peter D                       Flynt C                       Isaac B
Amber D                       Jordyn K                      Charles B
Scarlett S                    Gemma W                       Nicholas M
Lucien P                      Melia A                       Jessica H
Nathan S                      Maisie C                      Natalya B
Blake M                       Beau W                        Mikehel W
Ella M                        Talesha O’K                    Jake T
Jessica R                     Lachlan S                     Sharntai N
Ella S                        Summer P                      Teiya S
Megan R                       Keira T                       Jasmine C
Mikayla W                     Mawson S                      Mischa C
Cohen S                       Phoebe H                      Lachlan Miller
Tamara B                      Oliver M                      Stella B

_Don’t forget!!_ Parents, please remember we need your help to have as many “Enhancing Catholic School Identity” surveys completed as possible. Print out your “receipt” at the end of the survey, return it to the office for a ticket into the draw for a $100 gift voucher, at the retail outlet of your choice.
ST. MARY’S TUCKSHOP
Term 2, 2015

ORDERING: Please put your child’s Name, Grade, Order and Amount (and change) clearly on a paper bag. Correct change if possible (wrap money in paper) For Families paying together, please write on each bag name and grade of each child.

<table>
<thead>
<tr>
<th>HOT FOOD</th>
<th>DRINKS</th>
</tr>
</thead>
<tbody>
<tr>
<td>Beef Pie</td>
<td>Nippies Milk</td>
</tr>
<tr>
<td>Party Pie</td>
<td>1.50</td>
</tr>
<tr>
<td>Party Sausage Roll</td>
<td>(Choc, Strawberry)</td>
</tr>
<tr>
<td>Hot Dog</td>
<td>Mineral Water</td>
</tr>
<tr>
<td>Dim Sims</td>
<td>Orange, Cola, Apple Rasberry</td>
</tr>
<tr>
<td>Chicken tenders</td>
<td>Blue Heaven</td>
</tr>
<tr>
<td>Party Quiche Bacon</td>
<td>Just Juice</td>
</tr>
<tr>
<td>Party Pasties</td>
<td>Apple or Paradise Punch</td>
</tr>
<tr>
<td>Fresh Pizza Slice</td>
<td>Fruit Tingle Flavoured Water</td>
</tr>
<tr>
<td>Hawaiian / Margarita</td>
<td>1.20</td>
</tr>
<tr>
<td>Extras</td>
<td>SNACKS</td>
</tr>
<tr>
<td>(Please write as a separate item)</td>
<td>Jam Doughnut</td>
</tr>
<tr>
<td>Soya Sauce</td>
<td>Chocolate or Strawberry</td>
</tr>
<tr>
<td>Tomato Sauce</td>
<td>Low Chip Cookie</td>
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<tr>
<td>Brown Paper Bags</td>
<td>Low Salt Popcorn</td>
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<tr>
<td></td>
<td>Vegie Chips Salt &amp; Vinegar</td>
</tr>
<tr>
<td></td>
<td>Chips:</td>
</tr>
<tr>
<td>ROLLS</td>
<td>Low salt plain</td>
</tr>
<tr>
<td>(white only)</td>
<td>Honey and soy</td>
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<tr>
<td>Buttered</td>
<td>1.00</td>
</tr>
<tr>
<td>ADD</td>
<td>SPECIAL TREATS</td>
</tr>
<tr>
<td>Vegemite</td>
<td>Red Skins</td>
</tr>
<tr>
<td>Cheese</td>
<td>Limit 1 per order</td>
</tr>
<tr>
<td>Mayo</td>
<td>.30</td>
</tr>
<tr>
<td>Lettuce</td>
<td>Milko Sticks</td>
</tr>
<tr>
<td>Tomato</td>
<td>Ovalteenies</td>
</tr>
<tr>
<td></td>
<td>Sunfruit Lollie Bag</td>
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</tbody>
</table>

ST MARY’S FOOD BANK
MONEY DONATIONS REQUIRED FOR NEXT FOOD BANK COOK-UP
Donations of any amounts will be greatly appreciated. Please send your donation to office in a sealed labelled envelope.
If you know of anyone from St Mary’s Primary school that may need some help with a meal for their family, please contact the office.
HELPERS REQUIRED AND FOR ALL ENQUIRIES PLEASE CALL Karla 0418 271 755
When ordering please write child's name, grade and order with total cost and if change is to be given the amount of the change this makes it much easier for the ladies volunteering in the tuck shop. Also if paying for one or more children the name grade and total for the other child/children. Thanks.
How much should parents push their kids?

We need to find a balance where we can inspire our children from the inside out.

Article contributed by Dr. Yvonne Sum

Parents today believe that their children need to stand out from the crowd in this highly competitive world. There is nothing wrong in wanting the best to unleash the highest potential in the next generation. If we are not careful, we can create excessive pressure as ‘helicopter parents’ hovering over them in so many areas: academia, sports, performing arts ... and even imposing cultural traditions. Just like in Battle Hymn of the Tiger Mom by Amy Chua.

We can also go to the other extreme and become free-range parents with our offspring dictating the boundaries of their existence. That would not work, either.

How much should we push our kids?

We need to find a balance where we can inspire our children to be motivated from the inside out. Each child is different. Read your child. Observe them and you will understand what makes them tick. Some children are more likely to thrive when they are challenged – so you can ‘push’ them more. Others will need more sensitivity.

Do I follow my or their wishes?

It depends. The difficult part about parenting is that different circumstances warrant different handling. Read the context. If a situation involves the child making a few mistakes to learn a skill (as they did when they learnt to walk!) then perhaps we can let them approach it their way. A Japanese proverb tells us to, ‘Fall down seven get up eight’. On the other hand, a more complex decision will need more guidance and direction from the parents.

How much pressure is too much?

When it’s a constant battle. When it’s no longer fun. When no inner burning desire can be drawn from the child. Once more: read your child.

My daughter, Xian, had been dancing for six years. It was a shock when Xian told me she was quitting ballet. My natural instinct was to activate the ‘Because I said so’ reply – but I stopped myself in time to learn what had changed.

Xian confessed that she was exhausted. Besides ballet, Xian indulged in diverse extracurricular activities and was determined to continue her violin, piano, singing and gymnastics.

She assured me that she loved every minute of ballet and all the other opportunities she had been introduced to. However, she had recently found ballet classes had become a chore. She hadn’t had a break in lessons since she was three and felt leaving for a period would do her good. Her ballet teacher assured me that a couple of years’ break would not do Xian any harm. In fact, it may even help her motivation later.

When should we listen to our kids?

Always have an open mind. I am often surprised by the maturity in my children when I stop to listen. If they seem misdirected, by all means use respectful influencing skills to guide them. Always model collaborative engagement over a bulldozing approach!

What are the signs of pushing too much?

Simple, stressed-out children and/or stressed-out parents!

There are lots of questions to consider.

In summary, do ...
1. Set clear intentions and boundaries.
2. Come from a willingness to help – support and challenge them to be outstanding in their own right.
3. Use sensory acuity – be observant and present. Read the child and the context.
4. Communicate with care – know when to ask questions or give suggestions.
5. Inspire an inner motivation – light the fire in your kids so they are committed to what they do from within.

We don’t have to continually push our kids. They will prod us lovingly to help us learn about their needs and desires. We just need to be willing to listen.

Dr. Yvonne Sum is a Sydney-based speaker, facilitator and parenting educator.

www.dryvonesum.com