Dear parents,

The term continues to be a busy one with the 3/4 level traveling into the Shrine of Remembrance last Friday. This excursion was the culmination of their Inquiry unit. From all reports the day was fantastic with many new sights to see and information to be gained. Similarly, the year 5/6 classes attended Science Works the week before. Theirs was a day filled with information about the universe; it was also a fabulous way to end their term inquiry unit. Congratulations to both levels for representing St Mary’s so beautifully in the wider community. The learning continues with the Preps being involved in an incursion this week that will look at responsible pet ownership. We will also have a special guest in attendance this week as the Deputy Premier will make a visit. Mr Merlino will speak to the senior students about his role within the government. It is terrific to see our students making so many links between their learning and the wider community!

Thank you to the vast majority of parents who have been exercising patience in our car park recently. With the sudden blast of cold temperatures, many parents at this time of the year choose to utilise the roundabout rather than park and walk up to collect their children. Please remember that if you find yourself blocking a vacant parking spot, we do need you to either utilise the parking space or move so that others can use it; every little bit helps to keep the back log of cars off Clegg Rd. Morrison House bus has also kindly agreed to arrive earlier; this will allow people to then move into the roundabout sooner.

Thank you to all the parents who took the time to complete the ECSI online survey. This was a major undertaking for our school, the results of which will help to drive our future planning. Whilst speaking about surveys, we will also be emailing a ‘survey monkey’ to parents as a follow up to our recent Community Conversations. You do not have to have participated in the Conversation to complete the survey so I encourage you to have a look.

My prayers for a lovely week,

Mrs Angela Glennie.

Congratulations to our Students of the Week for last week:

PB: Alexander K/Pryia R
1/2R: Ruby McC
1/2U: Jack McS
3/4C: 3/4M:
3/4T: 3/4N:
5/6B: Lily O’B
5/6F: Brooklyn P

You’ve stolen my heart this week with all your great efforts! Well done!
### What's On This Week?

<table>
<thead>
<tr>
<th>Week Ten</th>
<th>Monday, 15th June</th>
<th>3.30pm</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Wednesday 17th June</td>
<td>9.00am</td>
</tr>
<tr>
<td></td>
<td>Friday 19th June</td>
<td>9.00am</td>
</tr>
</tbody>
</table>

- Staff Meeting
- James Merlino - Deputy Premier 5/6 Level
- Prep Incursion – Responsible Pet Ownership.

---

### What's On Next Week?

<table>
<thead>
<tr>
<th>Week Eleven</th>
<th>Monday, 22nd June</th>
<th>3.30pm</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Wednesday 17th June</td>
<td>11.40am</td>
</tr>
<tr>
<td></td>
<td>Friday 26th June</td>
<td>2.30pm</td>
</tr>
</tbody>
</table>

- Staff Meeting
- School Assembly
- LAST DAY TERM 2

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LAST DAY TERM 2 – FRIDAY 26TH JUNE 2015 @ 2.30pm

### School Closure Days

**Monday, 2nd November (Day before Cup Day) – Reporting**

(One other day for Staff Professional Development to be confirmed)

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Dear Lord, Open our eyes to all who are in need. Inspire us with words and deeds to comfort those who labour and are burdened; keep our service of others faithful to the example and command of Christ. Let your Church, that is, each one of us, be a living witness to truth and freedom, to justice and peace, so that everyone may be lifted up by the hope that their life and their world can be made new.

(Adapted From Eucharistic Prayer for Special Occasions; Jesus, The Compassion of God)
Uniforms

All St. Mary’s students are required to wear the full correct school uniform. We believe that the wearing of uniforms promotes the children’s pride in their school and self-discipline. Uniform items can be purchased or made at little cost. The uniform shop at St. Mary’s carries all uniform items, including school and library bags. There is a small amount of second hand uniforms available in the shop.

Children are expected to have a school bag with the St Mary’s School logo.

Please ensure that your children bring their correct school bag.

Girls’ Winter Uniform
- Navy tunic or tailored pants
- Length of dresses and tunics not be above the knee
- St Mary’s polo shirt
- St Mary’s windcheater
- Navy socks or tights
- Black polished shoes (no sneakers/runners)
- Navy gloves and scarf (optional)

Girls’ Winter Sports Uniform
- Navy track suit pants
- St Mary’s windcheater
- Navy unisex sports shorts or navy skort.
- St Mary’s polo shirt
- White St. Mary’s sports socks or plain white socks and runners

Boys’ Winter Uniform
- Navy trousers
- St Mary’s windcheater
- Navy unisex sports shorts or navy skort.
- St Mary’s polo shirt
- White St. Mary’s sports socks or plain white socks and runners

In line with our school uniform policy, girls may CHOOSE to wear navy tights OR short navy socks with the winter tunic.

PLEASE LABEL YOUR CHILDREN'S UNIFORMS.
Any no name items will be resold as second hand uniform items at the uniform shop!

HEADBANDS FOR SALE

- 3 STYLES IN SCHOOL COLOUR
- SAMPLES AND ORDER FORMS AVAILABLE IN THE OFFICE.
- $5 EACH.

-------------------
HEADBAND ORDER FORM:
Name ____________________________ Class __________

Style A. (select quantity) ___ Style B. (select quantity) ___ Style C. (select quantity) ___
$ 5.00 each
Amount Enclosed $ ________(Exact money only/Cash Only/No change given)
SAFETY ON THE ROUNDABOUT!

Please do not “overtake” another car on the roundabout. It is not safe for the children and it is unfair to the teacher on duty who is trying their best to keep the cars moving.

*Please be patient!*

**Children playing after school!**

We ask that parents not allow their children to play at the side and around the back of the Administration block after school. We realise that you are supervising your children however other children who should be watching for their cars are joining in the play. It makes it really difficult to find these children once their car comes to collect them.

**Parish Development update** Quotes and professional advice has been given with regards transition of lighting to lower power consuming “Light Emitting Diodes” for the lights in the church. If you would like to sponsor a single down-light at $30.00 (there are just over 40 of them in total and your contribution covers lights and labour) collect a visitor’s contribution envelope from the foyer some time and write LIGHTS on it and add it into the collection any Sunday or you can leave it at the school office for me to collect with the parish mail. These new lights will use at least a third less power and last around four times longer than the existing lights; the flood lights at the door, already installed, use only one tenth the power. Further updates on the other lights will follow.

**ST MARY’S MASS TIMES MOUNT EVELYN**

Saturday 6.00pm & Sunday 10.30am & 5.00pm

**SCHOOL FEES**

All families have been sent a statement for 2015 and fee agreement forms. If you have not received yours please check your child’s bag or contact the office.

**Forms must be return signed by the fee payer/s**

**St Mary’s BSB/ACCOUNT Details**

Please see below our BSB details for online transfers

St Marys Primary School
BSB 083-347
Account Number 676054930

Please clearly state your eldest child name and surname when processing your payment

Fee statements will be sent out at the end of term 2.....

Please check your statement carefully.....
Scores for Interschool Sports v. Rolling Hills

Netball A Lost - no scores available
Netball B Lost - no scores available
Volleyball Drew 1 set all.
Soccer Drew 1 all
Football Lost 5 goals 7 behinds 37 points
      5 goals 11 behinds 41 points

NEWS

This week St. Mary’s host PEMBROKE Primary School for Inter School Sport. All games will be played at St. Mary’s. There will be NO AFL football played against Pembroke as they have no Australian Rules Team.

St. Mary’s Football Team members are reminded that SCHOOL FOOTBALL JUMPERS must be washed and returned to school as soon as possible. All guernseys will be checked in and marked off on a checklist which is kept in the 5/6

UNIFORM SHOP - NEW OPENING TIMES
Opening hours
Tuesday Afternoon 3.00pm - 3.30pm &
Thursday Morning 8.30am - 9.00am
Order forms available at the office. Payment of cash or cheque MUST be included with your order.

Thank you! Thank you! Thank you!
A big thank you to all of the families who completed the Enhancing Catholic School Identity (ECSI) Survey.

Surveys – completed!

CONGRATULATIONS
The winner of the $100.00 gift voucher will be drawn at assembly on Friday…..

Mini Vinnies
The Mini Vinnie’s Group are now promoting the long life Milk and long life food collection. Bring items to your classroom.
We will be donating these items to the Mt. Evelyn St. Vincent de Paul group in June, to distribute to local people in need.

Thankyou!
Sunday, 14 Jun 2015: Eleventh Sunday in Ordinary Time - Year B

Gospel
Mk 4:26-34

A reading from the holy Gospel according to Mark

The mustard seed, the smallest of all the seeds, grows into the biggest shrub of all.

Jesus said to the crowds, ‘This is what the kingdom of God is like. A man throws seed on the land. Night and day, while he sleeps, when he is awake, the seed is sprouting and growing; how, he does not know. Of its own accord the land produces first the shoot, then the ear, then the full grain in the ear. And when the crop is ready, he loses no time; he starts to reap because the harvest has come.’

He also said, ‘What can we say the kingdom of God is like? What parable can we find for it? It is like a mustard seed which at the time of its sowing in the soil is the smallest of all the seeds on earth; yet once it is sown it grows into the biggest shrub of them all and puts out big branches so that the birds of the air can shelter in its shade.’

Using many parables like these, he spoke the word to them, so far as they were capable of understanding it. He would not speak to them except in parables, but he explained everything to his disciples when they were alone.

The Gospel of the Lord.

Survey
Thank you! Parents, many thanks to those of you who completed the “Enhancing Catholic School Identity” survey.
We will be drawing the winner of the $100.00 voucher of your choice at this week’s Friday assembly.

Mini Vinnies
On Friday we will be handing over our collected long life milk and non-perishable food items to the St. Vincent de Paul society. You can still bring items along this week. Many thanks to all those who have contributed to this worthwhile endeavour.
Also at Assembly this Friday, we will also be commissioning our Mini Vinnies’ students. This is an exciting occasion when we commission our new Mini Vinnies members of the St Vincent de Paul Society. The St Vincent de Paul Society was formed so that men and women might live out the Gospel by serving people in need. Frederic Ozanam and his young companions founded the Society in 1833 in Paris, and placed it under the patronage of the apostle of the poor, St Vincent de Paul. Primary school members of the Society meet in groups called Mini Vinnies. Students meet together to grow in awareness of the issues faced by people who experience disadvantage, to reflect upon the connection between faith and action, and to do good works to help those in need within their school and local community.
WORKING BEE 2015.

We believe that having a safe and pleasant school environment is important. Thank you to all families who have helped with school maintenance during last year.

To assist planning for this year we are asking each family to attend ONE Working Bee and to indicate which session, (listed below) suits best.

In an effort to cater for everyone, we will hold Working Bees across a range of days and times.

The alternative to attending a Working Bee is to complete the payment details below which are for a $60.00 contribution toward hiring maintenance help as required.

Please complete and return the form below as soon as possible (families who have not replied by Feb 16th will be contacted).

Yours faithfully,

THE MAINTENANCE COMMITTEE.

EDUCATION BOARD

__________________________
WORKING BEE FORMS DUE BACK NOW

NAME: ________________________________________ ELDEST CHILD’S GRADE: ____________

Option 1:

☐ Monday July 27th (8:45-10:45 am) ☐ Saturday Sept 5th (Production set up) (9:00-11:30am)

☐ Wednesday Oct 21st (Twilight 3.30pm-6.00pm) ☐ Wednesday Dec 2nd (8:45-10:45am)

Option 2:

Please debit my credit card for $60.00

Name on the card ____________________________________________

Credit Card Number: [ ] [ ] [ ] [ ]-[ ] [ ] [ ] [ ]-[ ] [ ] [ ]-[ ] [ ] [ ] [ ]

(Please circle) Visa / Mastercard Expiry Date: [ ] [ ] [ ] [ ]
FACEBOOK  A reminder that there is a St Mary’s parent Facebook group (St Marys Mt Evelyn - parents). This group is run by the parents for the parents not by the school. It’s very handy if you need to ask for lost spelling words or find out which days uniform shop is open if you forget!

SHOPPING TOUR FUNDRAISER

Fundraising shopping tour which is being held on Sat 1st August, with more details to come.

Everyone welcome please tell all friends and family, chance to see approx 10-12 shopping outlets.

$20 deposit to secure spot to be paid by Fri 26th June.

There is a form in the office to add your name.

ST MARY’S FOOD BANK

DONATIONS REQUIRED FOR NEXT FOOD BANK COOK-UP

Donations of none perishable food items to make lasagnes or any amount of cash donation will be greatly appreciated. Please send your donation to office in a sealed labelled envelope.

If you know of anyone from St Mary’s Primary school that may need some help with a meal for their family, please contact the office.

HELPERS REQUIRED AND FOR ALL ENQUIRIES PLEASE CALL Karla 0418 271 755
Do you hold a current valid healthcare card? If you do please call into the office for an application form for CSEF (camps, sports and excursion fund)……

Camps, Sports & Excursions Fund (CSEF)

Every Victorian child should have access to the world of learning opportunities that exist beyond the classroom. The Camps, Sports and Excursions Fund will ensure that no student will miss out on the opportunity to join their classmates for important, educational and fun activities.

School camps provide children with inspiring experiences in the great outdoors, excursions encourage a deeper understanding of how the world works and sports teach teamwork, discipline and leadership. All are part of a healthy curriculum.

CSEF will be provided by the Victorian Government to assist eligible families to cover the costs of school trips, camps and sporting activities.

If you hold a valid means-tested concession card or are a temporary foster parent, you may be eligible for CSEF. The allowance will be paid to the school to use towards expenses relating to camps, excursions, or sporting activities for the benefit of your child.

The annual CSEF amount per student will be:
- $125 for primary school students
- $225 for secondary school students.

How to Apply
Contact the school office to obtain a CSEF application form or download from www.education.vic.gov.au/csef

Closing Date
You should lodge a CSEF application form at the school by 26 June 2015.
For more information about the CSEF visit www.education.vic.gov.au/csef

Self awareness
Recognising one’s emotions and values as well as one’s strengths and limitations

- I can identify how I feel
- I know what I am good at
- If things go wrong, I am confident that I can find a way to work them out
SUBWAY

SPECIAL FOOD DAY
Friday 26th June (Last day of term 2)

ORDER FORM
DUE IN no later than Friday 19th June

Remember exact money only!! Cash Only...... NO change will be given

AT SCHOOL LUNCH ORDER – $6.00 per 6 inch roll & drink

<table>
<thead>
<tr>
<th>NAME</th>
<th>CLASS</th>
</tr>
</thead>
</table>

CROSS OUT WHAT YOU DON’T WANT

<table>
<thead>
<tr>
<th>BREAD</th>
<th>WHITE</th>
<th>WHEAT</th>
</tr>
</thead>
<tbody>
<tr>
<td>MEAT</td>
<td>HAM</td>
<td>TURKEY</td>
</tr>
<tr>
<td>CHEESE</td>
<td>CHEDDER</td>
<td>TASTY</td>
</tr>
<tr>
<td>VEGGIES</td>
<td>LETTUCE</td>
<td>CUCUMBER</td>
</tr>
<tr>
<td>SAUCES</td>
<td>MAYO</td>
<td>TOMATO</td>
</tr>
<tr>
<td>DRINK</td>
<td>APPLE JUICE</td>
<td></td>
</tr>
</tbody>
</table>

$6.00 \times QTY =
TOTAL ENC =

SEVILLE SUBWAY     662 Warburton Hwy Seville    Ph: 5964 2396
ST. MARY’S TUCKSHOP
Term 2, 2015

ORDERING: Please put your child’s Name, Grade, Order and Amount (and change) clearly on a paper bag. Correct change if possible (wrap money in paper) For Families paying together, please write on each bag name and grade of each child.

<table>
<thead>
<tr>
<th>HOT FOOD</th>
<th>Amount</th>
</tr>
</thead>
<tbody>
<tr>
<td>Beef Pie</td>
<td>2.50</td>
</tr>
<tr>
<td>Party Pie</td>
<td>.90</td>
</tr>
<tr>
<td>Party Sausage Roll</td>
<td>.90</td>
</tr>
<tr>
<td>Hot Dog</td>
<td>2.00</td>
</tr>
<tr>
<td>Dim Sims</td>
<td>.70</td>
</tr>
<tr>
<td>Chicken tenders</td>
<td>1.10</td>
</tr>
<tr>
<td>Party Quiche Bacon</td>
<td>.90</td>
</tr>
<tr>
<td>Party Pasties</td>
<td>.90</td>
</tr>
<tr>
<td>Fresh Pizza Slice</td>
<td></td>
</tr>
<tr>
<td>Hawaiian / Margarita</td>
<td>2.50</td>
</tr>
<tr>
<td>Extras</td>
<td></td>
</tr>
<tr>
<td>(Please write as a separate item)</td>
<td></td>
</tr>
<tr>
<td>Soya Sauce</td>
<td>.30</td>
</tr>
<tr>
<td>Tomato Sauce</td>
<td>.30</td>
</tr>
<tr>
<td>Brown Paper Bags</td>
<td>.20</td>
</tr>
<tr>
<td>ROLLS</td>
<td></td>
</tr>
<tr>
<td>(white only)</td>
<td></td>
</tr>
<tr>
<td>Buttered</td>
<td>1.00</td>
</tr>
<tr>
<td>ADD</td>
<td></td>
</tr>
<tr>
<td>Vegemite</td>
<td>.30</td>
</tr>
<tr>
<td>Cheese</td>
<td>.50</td>
</tr>
<tr>
<td>Mayo</td>
<td>.20</td>
</tr>
<tr>
<td>Lettuce</td>
<td>.50</td>
</tr>
<tr>
<td>Tomato</td>
<td>.50</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>DRINKS</th>
<th>Amount</th>
</tr>
</thead>
<tbody>
<tr>
<td>Nippies Milk</td>
<td>1.50</td>
</tr>
<tr>
<td>(Choc ,Strawberry)</td>
<td></td>
</tr>
<tr>
<td>Mineral Water</td>
<td>1.20</td>
</tr>
<tr>
<td>Orange, Cola, Apple Rasberry or Blue Heaven</td>
<td></td>
</tr>
<tr>
<td>Just Juice</td>
<td>1.20</td>
</tr>
<tr>
<td>Apple or Paradise Punch</td>
<td></td>
</tr>
<tr>
<td>Fruit Tingle Flavoured Water</td>
<td>1.20</td>
</tr>
<tr>
<td>SNACKS</td>
<td></td>
</tr>
<tr>
<td>Jam Doughnut</td>
<td>1.10</td>
</tr>
<tr>
<td>Ring Doughnut</td>
<td>.90</td>
</tr>
<tr>
<td>Chocolate or Strawberry</td>
<td></td>
</tr>
<tr>
<td>Choc Chip Cookie</td>
<td>.70</td>
</tr>
<tr>
<td>Low Salt Popcorn</td>
<td>1.00</td>
</tr>
<tr>
<td>Vegie Chips Salt &amp; Vinegar</td>
<td>1.20</td>
</tr>
<tr>
<td>Chips:</td>
<td></td>
</tr>
<tr>
<td>Low salt plain</td>
<td>1.20</td>
</tr>
<tr>
<td>Honey and soy</td>
<td>1.20</td>
</tr>
<tr>
<td>SPECIAL TREATS</td>
<td></td>
</tr>
<tr>
<td>Red Skins</td>
<td>.30</td>
</tr>
<tr>
<td>Milko Sticks</td>
<td>.30</td>
</tr>
<tr>
<td>Ovalteenies</td>
<td>.90</td>
</tr>
<tr>
<td>Sunfruit Lollie Bag</td>
<td>.90</td>
</tr>
</tbody>
</table>

SEE ST MARY’S FACEBOOK PAGE FOR THIS WEEKS TUCKSHOP ROSTER.....
AFTER SCHOOL BASKET BALL

Are you interested in playing After School Basketball in Season 2 – 2015?

Name________________________________________ Age _______ Grade ________

Are you currently playing After School Basketball? Yes No (please circle)

Have you played competition basketball before? Yes No (please circle)

Parents Name________________________________________________

Home No________________________ Mobile________

Email Address________________________________________________

Are you able to help as: Coach Yes/No Team Manager Yes/No

NOTE: If you are currently playing After School Basketball and do not want to continue in 2015, could you please return your washed basketball singlet top to the office in a bag, clearly marked with your name and class on it. You will then be eligible for your refund.

If you have any queries please don’t hesitate to call Liz Rhodes on 0414 761 088

St Mary's Basketball Singlet Tops

Children playing in the after school basketball competition are to wear navy blue shorts (the shorts you wear for PE at school are perfect), runners and the St Mary's Basketball Singlet Top. Tops are $25.00 to hire, however, once your child returns the top back to school they will receive a $20.00 refund. Payment can be made by cash or cheque. Cheques need to be made out to “St Mary's Parents and Friends Committee”

Could all payments for the singlet tops and this form please be given to the office ASAP, in an envelope, clearly marked “Basketball Singlet Top Money”. If you still have your top from last season, you DO NOT need to pay any more money, just hang onto the one you have and use that again. If you have any queries about the tops please call Liz Rhodes 0414 761 088

St Mary's Basketball Singlet Tops

Players name: ___________________________ Year Level: ______ Class:____

Mum’s name: _________________________ Dad's name: _______________________

Mum’s mobile: _________________________ Dad’s mobile: _________________________

Amount enclosed: _________________________

amt__________________________________

Office use:

Top number given: _______ Amount enclosed: _________ Cash/Cheque

Date top given: ______ Date top returned: ______ Date refund of $20.00_______
WEEKLY ADVERTISEMENTS

WAG2 CAFE has joined the team at Top of the Town Pet Supplies & Shannon’s Dog Grooming so pop in to redeem this coupon and receive
50¢ off every cup of coffee purchased.

Encouraging kids to move and have fun, our kids classes are $7 per session and go for 30min.

Monday 10:30am Boogie Beats

Tuesday, Fri Club

4pm - 5:30pm (5-8yrs) - 5:45pm (9-12yrs) -

6:15pm (13yrs+)

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6:15pm (13yrs+)
Which parenting style are you?

Which parenting style gives kids the best start in life? There is a controversial new parenting style that according to the author of a new book is best able to prepare kids for the future. But the evidence doesn’t stack up.

There’s been a lot of media and online blog focus given to parenting styles in the last few months. Much of this attention is due to the release of a controversial new book *The Battle hymn of the Tiger Mother* by American author Amy Chua earlier this year.

Yale law professor Amy Chua described how she raised her kids using a ruthless parenting style that flies in the face of current Western practice. For example, she told how she forced her 7-year-old daughter Lulu to practise a tune on the piano for hours on end — “right through dinner into the night,” with no breaks for water or even the bathroom, until at last Lulu learned to play the piece.

Chua in interviews has been scathing of the current western parenting approach that allows kids to waste hours of time on Facebook and computer games, rather than spending valuable time preparing them for the future. “It’s a tough world out there!” she announced on the American Today Show earlier this year.

Her stories of never accepting a mark lower than an A, of insisting on hours of math and spelling drills and daily piano practice (weekends and vacations included), of not allowing sleepovers or television or computer games have left many readers bewildered, but also defensive.

*Where’s the love and the acceptance?* seems to sum up the response by many outraged readers on blogs and newspapers. At a time when many parents are labeled as ‘helicopter’, ‘pushy’ or even ‘pushvokers’ Chua’s Tiger parenting mantra has certainly hit a nerve. The implications are that the tiger mother’s cubs will be better prepared to hit the world running than those who experience an indulgent, permissive parenting style. You could say it’s a book whose time has come!

The fact that Chua has presented an alternate parenting view is to be applauded, although some of her methods don’t sit well with most professionals and educators. Her views are also highly subjective.

**What does the evidence say?**

There’s plenty of empirical evidence to suggest a more balanced parenting approach produces the best outcomes for kids. The recent Millennium Study mapped the parenting styles of 9,000 English households and found that children who experience authoritative (Thriving) parenting are best prepared to do well in life.

An analysis of the results is revealing. One quarter of kids with authoritative parents (Thriving parenting) were in the top 20 per cent at school. Next came permissive parenting with 18 per cent, 15 per cent for authoritarian (Tiger parenting) and 11 per cent of this cohort going to kids of disengaged parents.

The authoritative approach offers a mix of discipline and warmth that is deemed necessary for kids to thrive, thus it’s been dubbed the **Thriving** approach.

Here are five characteristics of the **Thriving** (authoritative) style:

1. Parents set limits and boundaries that expand as kids get older and become more capable.
2. Parents use consequences and other tools to teach kids to behave well and develop a sense of personal responsibility.
3. Children receive a great deal of encouragement (comments directed at improvement, effort and contribution rather than directed at their ability) and quality feedback about their efforts and behaviour that helps them improve.
4. Parents encourage empathy in children by recognising their emotions and giving them permission and assistance to express their feelings and help them resolve relationship problems.
5. Parents put a range of measures in place to develop a sense of generosity of spirit and give and take so kids think ‘we’ rather than ‘what’s in it for me?’

This sense of community that authoritative parenting promotes is the real strength of the style.

Parenting style is not necessarily fixed. It changes over time according to children’s needs, our wellbeing and even their ages. Common sense suggests parents need to be stricter with some children than with others and there will be times when parents need to release the pressure on kids, and adopt a more permissive approach for a time. However most of us default to a particular style and it would seem that most kids do better when their parents are more **thrivers than tigers**.

***Recognise these parenting styles?***

**Helicopter parenting:** Parents who are always hovering. Not giving kids sufficient space to solve their own problems.

**Curling parenting:** Named after a strange winter sport, where two people equipped with brooms sweep off the obstacles over the ice for curling (bowling ball on ice).

**Lawnmower parenting:** Similar to curling parenting where parents smooth the way by mowing down life’s bumps.

**High investment parenting:** When parents live out their goals through their kids.

**Submarine parenting:** Neglectful style where parents disengage from most tasks.

**Free range parenting:** Giving kids a great deal of space and freedom.

**Hippo parenting:** When parents squash their kids like a hippo to prove a point!

**Tiger parenting:** Draconian parenting style that promotes excellence and perfection in kids.

**Pussy cat parenting:** The name says it all. When parents are a soft touch!

**Shoulder-to-shoulder parenting:** More a communication method than a style. Doing something side-by-side with kids encourages conversations.

Want to know if you’re a tiger or thriver parent? Take my FREE Which Parenting Style Are You? Parenting quiz at Parentingideas.com.au and discover your parenting style. There are also some practical implementation ideas to help you adopt a parenting style suitable for your kids today.