Dear Parents,

On Friday, a sealed addressed letter was sent home regarding an Incident Alert. Considering this alert, our Parenting Ideas article in this issue is very timely so please take the time to read it.

You may have noticed the new metal school emblem that has been installed outside the office. This has been created by one of our talented dads, Tony Jary, father of Alanah in 3/4M. We greatly appreciate his talents and thank him for this lovely addition to our school.

During our travels, I visited Fatima in Portugal. This is the site where, in 1916, three children, aged 6, 8 and 9, saw visions of Mary. It was wonderful to visit there at last, as it has been something that has always intrigued me and was the reason I chose “Jacinta” (the name of the younger girl) as my Confirmation name. I brought back a medal, which also contains some stone from Fatima, for each child which was presented to them on Friday. One of the requests that Mary made of the children was to say the Rosary regularly. This may be an opportunity for the family to say a couple of Hail Marys together at home.

Just a reminder that this Friday is a school closure day. In line with our professional development curriculum focus for the year, our teachers will all be attending the National Conference for School Leaders in Primary Mathematics Education at Australian Catholic University in the city. We feel very fortunate to be able to participate in this conference and look forward to ensuring that our learnings will enhance our children’s learnings. Thank you very much to Mrs Jodi Fotopoulos, our Mathematics Leader, for her work in organising our attendance.

Congratulations to our Students of the Week for last week:

PB: Kaylee Scott  
PF: Alyra Glassborow
1/2R: Wyattt Bowers  
1/2F: Melia Inglis
1/2U: Jack Jones  
1/2H: Isabella Atherton
3/4C: Blake Morison  
3/4M: Jade Whelan
3/4T: Maisie Cruickshank  
3/4N: Charlie Basset
5/6B: Shanae Love  
5/6L: Reece Thomas
5/6F: Tianna Tocci  
5/6S: Sienna Clay

With my prayers and best wishes for the coming week,

Mrs Lynne O’Meara
Principal
This Week's Happenings

| Week Two | Monday, 20th July | 8.45am  
|          | Wednesday 22nd July | 2.00pm  
|          | Friday, 24th July | 3.30pm  
|          |                    | 9.30am  
|          |                    | Assembly  
|          |                    | P&F Meeting – All Welcome  
|          |                    | Staff Meeting  
|          |                    | MLMC Musical Excursion Grade 5/6  
|          |                    | SCHOOL CLOSURE DAY  

Next Week's Happenings

| Week Three | Monday, 27th July | 9.00am  
|            | Tuesday, 28th July | 3.30pm  
|            | Thursday 30th July | 11.40am  
|            | Friday, 31st July |  
|            |                    | Working Bee  
|            |                    | Staff Meeting  
|            |                    | Spirit Day – Confirmation Candidates  
|            |                    | Parliament Incursion 5/6F  
|            |                    | Ten Pin Bowling Excursion Grade 5/6  
|            |                    | Assembly  

School Closure Days
Friday 24th July 2015 – Staff Professional Development  
Monday, 2nd November (Day before Cup Day) – Reporting

The Blessing of Winter

Season to cherish the heart.
To make warmth and quiet for the heart.
To make soups and broths for the heart.
To cook for the heart and read for the heart.
To curl up softly and nestle with the heart.
To sleep deeply and gently at one with the heart.
To dream with the heart.
To spend time with the heart.
A long, long time of peace with the heart.
We give thanks for the blessing of winter:
Season to cherish the heart. Amen

Michael Leunig

Sometimes our fate resembles a fruit tree in winter.
Who would think that those branches would turn green again and blossom, but we hope it, we know it.

Johann Wolfgang von Goeth.

May Christ dwell in your hearts through faith.
May we be planted and grounded in love and grow in all ways into Christ.
All St. Mary’s students are required to wear the full correct school uniform. We believe that the wearing of uniforms promotes the children’s pride in their school and self-discipline. Uniform items can be purchased or made at little cost. The uniform shop at St. Mary’s carries all uniform items, including school and library bags. There is a small amount of second hand uniforms available in the shop.

**Children are expected to have a school bag with the St Mary’s School logo.**

*Please ensure that your children bring their correct school bag.*

### Girls’ Winter Uniform
- Navy tunic or tailored pants
- Length of dresses and tunics should not be above the knee
- St Mary's polo shirt
- St Mary's windcheater
- Navy socks or tights
- Black polished shoes (no sneakers/Runners)
- Navy gloves and scarf (optional)

### Boys’ Winter Uniform
- Navy Trousers
- (no jeans, jean style or cargo pants)
- St Mary’s polo shirt
- St Mary’s windcheater
- Navy socks
- Black polished shoes (no sneakers/Runners)
- Navy gloves and scarf (optional)

### Girls’ Winter Sports Uniform
- Navy track suit pants
- St Mary's windcheater
- Navy unisex sports shorts or navy skort.
- St Mary's polo shirt
- White St. Mary's sports socks or plain white socks and runners

### Boys’ Winter Sports Uniform
- Navy track suit pants
- St Mary’s windcheater
- Navy unisex sports shorts
- St Mary’s polo shirt
- White St. Mary’s sports socks or plain white socks and runners

### HEADBANDS FOR SALE
- **3 STYLES IN SCHOOL COLOUR**
- **SAMPLES AND ORDER FORMS AVAILABLE IN THE OFFICE.**
- **$5 EACH.**

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### HEADBAND ORDER FORM:

Name _______________________________ Class __________

Style A. (select quantity) ___  Style B. (select quantity) ___  Style C. (select quantity) ___

$ 5.00 each

Amount Enclosed $ _________ (Exact money only/Cash Only/No change given)

PLEASE LABEL YOUR CHILDREN'S UNIFORMS.
Any no name items will be resold as second hand uniform items at the uniform shop!
SAFETY ON THE ROUNDABOUT!

Please do not “overtake” another car on the roundabout. It is not safe for the children and it is unfair to the teacher on duty who is trying their best to keep the cars moving.
Please be patient!

CLEGG ROAD PARKING WARNING:

Parking Inspectors will be on Clegg Road next week at school drop off between 8.15am – 9.00am and pick – up from 3.00pm – 3.30pm
It is illegal to park on the nature strip and we have been warned that infringement notices will be issued.

ST MARY’S MASS TIMES MOUNT EVELYN
Saturday 6.00 pm & Sunday 10.30 am & 5.00 pm

SCHOOL FEES

All families have been sent a statement for 2015 and fee agreement forms. If you have not received yours please check your child’s bag or contact the office.

Forms must be return signed by the fee payer/s

St Mary’s BSB/ACCOUNT Details
Please see below our BSB DETAILS FOR ONLINE TRANSFERS
St Marys Primary School
BSB 083-347
Account Number 676054930

Please clearly state your eldest child name and surname when processing your payment

Split Firewood Sale
For a generous $120.00 delivered to your door 1 cubic metre of split hardwood firewood and 1 large bag of kindling ready for your fireplace or slow combustion heater.
Contact Andrew on 5964 3291
or
0427 887 329

MT EVELYN COMMUNITY HOUSE ‘DRAMA CLUB’

Drama Club with Mel (7-9yrs)
Thursday 4:00 – 5:15pm, Starting July 23rd
Price $12.00 per session
CALLING ALL PERFORMERS!
Join Drama Club where we will begin brainstorming your interests which will lead us to an engaging play.
We will work as a team through script writing, creation of roles & characters, voice projection and more. Lots of fun to be had!
At the end of the term we will perform and demonstrate our new creative skills.
No costume making involved.
TO BOOK CALL: 9736 1177
Mt Evelyn Community House,
50 Way Cres, Mt Evelyn 3796.
ST MARY’S NEW WEBSITE
Check out our new website.... The newsletter and other items are uploaded every week for your convenience.  (Weekly newsletters will no longer be emailed)
Also including this week, Uniform Order Form
Tuckshop Menu & Car Park Rules
www.smmountevelyn.catholic.edu.au

UNIFORM SHOP - NEW OPENING TIMES
Opening hours
Tuesday Afternoon 3.00pm - 3.30pm &
Thursday Morning 8.30am - 9.00am
Order forms available at the office. Payment of cash or cheque MUST be included with your order.

St. Mary’s Coffee Morning
Every Monday Morning at the Church
All welcome…. Meet new friends, bring someone along……
An informal friendly get together.......
Gospel - Mark 6:30-34
A reading from the holy Gospel according to Mark
They were as sheep without a shepherd.
The apostles rejoined Jesus and told him all they had done and taught. Then he said to them, ‘You must come away to some lonely place all by yourselves and rest for a while’; for there were so many coming and going that the apostles had no time even to eat. So they went off in a boat to a lonely place where they could be by themselves. But people saw them going, and many could guess where; and from every town they all hurried to the place on foot and reached it before them. So as he stepped ashore he saw a large crowd; and he took pity on them because they were like sheep without a shepherd, and he set himself to teach them at some length.
The Gospel of the Lord.
In what ways can you be a shepherd, a sign of God's love?
Suppose that each person in the world acted as a shepherd to others - what would the world be like? Are you willing to be a shepherd?
Who are the people in my life who shepherd me in some way?

We pray that we will be God’s presence in the world by the care we show for others.

**Class Masses this week**
This week 5 / 6 B and 1 / 2 F will be attending the 9.00am Mass held in the Church on Thursday. All welcome!

**Confirmation**
Many of our Year 6 students are in the final stages of preparation for the Sacrament of Confirmation. We ask your prayers for these students at this important stage of their faith development.

**Spirit Day**, a day of reflection and final preparation, will take place on Wednesday 29th July at St. Joseph’s School, Yarra Junction.

**Confirmation Mass** will take place on Friday 7th August at 6.00pm.
FACEBOOK  A reminder that there is a St Mary’s parent Facebook group (St Marys Mt Evelyn - parents). This group is run by the parents for the parents not by the school. It’s very handy if you need to ask for lost spelling words or find out which days uniform shop is open if you forget!

SHOPPING TOUR
FUNDRAISER

Fundraising shopping tour which is being held on Saturday 1st August, with more details to come. Everyone welcome please tell all friends and family, chance to see approx 10-12 shopping outlets.

$20 deposit to secure spot to be paid by Fri 26th June.

There is a form in the office to add your name.

Wednesday 29 JULY
11.00am - 5.00pm

OPEN DAY

An Information Session for Year 7, 2017 will be held at 1.30pm
An additional session will be held on Tuesday 11 August at 7.30pm

Let’s get fundraising!
Dear Sir/Madam/Business Owner,

On the 15th of June 2015, our beloved Father Kyoshi Andrew Roberts was told he had a large tumour on the left hand side of his brain. After a successful surgery removing majority of the tumour, he now faces further treatment involving radiation and chemotherapy. In honour of Kyoshi’s bravery and many others faced with the long journey of Brain Cancer, we will be holding a Push-up-a-thon CureBrainCancer Fundraiser on the 30th of August 2015.

In order to make this CureBrainCancer Fundraiser a success, we will be relying on the generosity of our friends, family, the community coming together or anyone who has been affected by Brain Cancer and wanting to make a difference. We are seeking for donations/services for our silent auctions and raffles. Donations from businesses will be thanked and any advertising will be welcomed on the day, or you may wish to hold a stall. 100% of profits will be donated to curebraincancer.

Did you know? Brain cancer kills more children than any other disease in Australia. It kills more people under 40 in Australia than any other cancer. Yet very little is known about brain cancer, what causes it or how to treat it. Brain cancer survival rates are low and have hardly changed for 30 years, despite significant increases of survival for Australians diagnosed with other types of cancer, such as prostate and breast cancer. Treatment is challenging because it affects our most vital organ. Brain cancer costs more per person than any other cancer, yet only receives a small fraction of federal government cancer research funding. Only two in ten people diagnosed with brain cancer will survive for at least five years. The mission is to increase five year survival to 50% within 10 years. Together we will succeed.

For more information visit curebraincancer.org.au

Please, if you are able to or know someone who can help out or donate, contact Sensei Amy Gardam, Katharine Anderson or Jennifer Mifsud. His three loving daughters who are praying for a miracle.

We thank you for your time and look forward to hearing from you.

Sensei Amy Gardam 0403 898 896 sensei@edgemartialarts.com.au
Katharine Anderson 0417 111 270 kat.ben@bigpond.com
Jennifer Mifsud 0403 040 754 rjmifsud@bigpond.com

‘Fight for a Cure’ Beanie Order Form

100% of profits go to the Cure Brain Cancer Foundation.

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<th>Colour</th>
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Total Amount Included $ 

Please include correct money with your order. NO CHANGE WILL BE GIVEN.

Contact Katharine Anderson ph:0417111270 or at kat.ben@bigpond.com for any further details or questions.
Responsible decision making
Making good choices about personal and social behaviour

- I can identify what will happen if I behave in a certain way
- I know how to behave safely for myself and others
- I learn how to behave differently next time if I don’t make a good decision
- I know the difference between good and bad decisions

Start collecting for your school now

The Woolworths Earn & Learn program gives Schools and Early Learning Centres around Australia the chance to earn new educational resources.

Make a difference for your local school

- Simply shop at Woolworths and you will receive one Woolworths Earn & Learn Sticker for every $10 spent.*
- Stick the Woolworths Sticker onto the Woolworths Earn & Learn Sticker Sheet inside.
- Once complete, pop it into a Collection Box at your school or local store. You can download more Woolworths Earn & Learn Sticker Sheets from our website: woolworths.com.au/earnandlearn

Earn 1 sticker for every $10 you spend

Last year more than 14,500 schools and Early Learning Centres benefited from the program, boosting supplies in classrooms, libraries, music rooms, gymnasiums and science labs.

It’s easy to earn valuable resources for your local school, so start collecting your Woolworths Earn & Learn Sticker today.

Go to woolworths.com.au/earnandlearn for more information, terms and conditions and answers to frequently asked questions.
WORKING BEES 2015.

We believe that having a safe and pleasant school environment is important. Thank you to all families who have helped with school maintenance during last year.

To assist planning for this year we are asking each family to attend ONE Working Bee and to indicate which session,(listed below) suits best.

In an effort to cater for everyone, we will hold Working Bees across a range of days and times.

The alternative to attending a Working Bee is to complete the payment details below which are for a $60.00 contribution toward hiring maintenance help as required.

Please complete and return the form below as soon as possible (families who have not replied by Feb 16th will be contacted).

Yours faithfully,

THE MAINTENANCE COMMITTEE.
EDUCATION BOARD.

NAME: ___________________________________ ELDEST CHILD’S GRADE: ____________.

☐ Monday July 27th
(8:45- 10:45 am) ☐ Saturday Sept 5th (Production set up)
(9:00-11:30am)

☐ Wednesday Oct 21st
(Twilight 3.30pm-6.00pm) ☐ Wednesday Dec 2nd
(8:45-10:45am)

Or

Please indicate another date that is more convenient to you __________________________________

Or

Please debit my credit card for $60.00:

Name on the card ____________________________________________________________
(Please circle) Visa / Mastercard

Credit Card Number: [ ] [ ] [ ] [ ] [ ] [ ] [ ] [ ] [ ] [ ] [ ] [ ] [ ] [ ] [ ] [ ]
Expiry Date: [ ] [ ] [ ] [ ]
AFTER SCHOOL BASKET BALL

Are you interested in playing After School Basketball in Season 2 – 2015?

Name_________________________________________ Age ______ Grade ________

Are you currently playing After School Basketball? Yes No (please circle)

Have you played competition basketball before? Yes No (please circle)

Parents Name________________________________________________ Home No________________________

Mobile____________________________ Email Address_____________________________________

Are you able to help as: Coach Yes/No Team Manager Yes/No

NOTE: If you are currently playing After School Basketball and do not want to continue in 2015, could you please return your washed basketball singlet top to the office in a bag, clearly marked with your name and class on it. You will then be eligible for your refund.

If you have any queries please don’t hesitate to call Liz Rhodes on 0414 761 088

St Mary’s Basketball Singlet Tops

Children playing in the after school basketball competition are to wear navy blue shorts (the shorts you wear for PE at school are perfect), runners and the St Mary’s Basketball Singlet Top. Tops are $25.00 to hire, however, once your child returns the top back to school they will receive a $20.00 refund. Payment can be made by cash or cheque. Cheques need to be made out to “St Mary’s Parents and Friends Committee”

Could all payments for the singlet tops and this form please be given to the office ASAP, in an envelope, clearly marked “Basketball Singlet Top Money”. If you still have your top from last season, you DO NOT need to pay any more money, just hang onto the one you have and use that again. If you have any queries about the tops please call Liz Rhodes 0414 761 088

St Mary’s Basketball Singlet Tops

Players name: _________________________________ Year Level: __________ Class:________

Mum's name: _______________ Dad's name: __________________________

Mum's mobile: __________________ Dad's mobile: ______________________

Amount enclosed: ______________________________

Office use:
Top number given: _______ Amount enclosed: _________ Cash/Cheque

Date top given: _____ Date top returned: _____ Date refund of $20.00_________
WEEKLY ADVERTISEMENTS

RELAX
With the promise of that all your holiday plans are in the safest possible hands.

Call Mac
Olivia Glover
0433 877 086
TRAVEL COUNSELLOR

The Sweat Playground
Fitness Studio
133 Warrandyte Rd, Laverton
MON-FRI 8.30am-5.30pm

KIDS FITNESS CLASSES
Encouraging kids to move and have fun. Our kids classes are $7 per session and go for 30min.

Monday 10.30am Boogy Beats
For the little ones
10.30AM Boogy Beats—a fun class to get Pre-school age kids moving & dancing.

Tuesday Fit Club
4pm-5.15pm (All-Ages)
Fit Club will teach your kids the benefits of being active, whilst learning different exercises they will also be playing fun games.

Wednesday & Friday Body Beats
4.45pm-5.15pm
A twist version of the adults class.
Body Beats is a fun dance class that teaches coordination and gets their cheeks rosie, not while dancing to their favourite songs.

WAGZ CAFE has joined the team at Top of the Town Pet Supplies & Shannon's Dog Grooming so pop in to redeem this coupon and receive 50c off every cup of coffee purchased.

One cup per coupon.
3 York Road, Mt Evelyn (next to Subway)
9736 1177

DON'T LOSE THIS NOTICE
TERM 3
ENROL NOW
KEYBOARD LESSONS AT SCHOOL IN-SCHOOL TIME

YOUR CHILD DESERVES THIS CHANCE
THIS IS YOUR OPPORTUNITY
Enrol NOW in:
PIANO ON KEYBOARD LESSONS
$16.90 HALF HOUR Lesson
ONE FREE LESSON
IF YOU ENROL NOW
Phone 9761 9058

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Acupuncture
Chinese Herbal Medicine
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Chinese Remedial Massage (Tui Na)
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www.edgemartialarts.com.au
Classes are now forming for 2015
Edge Mt Evelyn, Chirnside Park, Werribee Park, Montbello

Care for your career
Always wanted to work in Aged Care, Disability or Home & Community Care?
We have Courses happening in your area!
Boronia, Box Hill, Lilydale, Ringwood.

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Find out more about your Government Funded
today oppotunity by calling Charley on 0781 2156

No booking required for any TTP class. Adults & Kids.
www.thesweatplayground.com
Keep children safe in public with these 5 ideas

There is a strong shift away from the old rule of “never talk to strangers” to “never go anywhere with anyone without asking permission first”. Catherine Gerhardt has 5 practical ways to help keep children safe in public.

There is a strong shift away from the old rule of “never talk to strangers” to “never go anywhere with anyone without asking permission first”. A child who has been taught to never talk to strangers may feel they have nowhere to go if they find themselves lost in a shopping centre or other public place.

As parents we need to emphasise who is a “stranger”. Your definition and your child’s may be quite different. Engage with your children to help them understand that a stranger is simply someone whom they do not know. We do not know if someone is good or bad just by looking at them. Rather, we need to teach our children about “strangeness”, which is way down at the feeling level. This is about helping kids recognise that something doesn’t feel right, and then to trust and act on those feelings.

Five ways to enforce the new rule:

1. **Never go anywhere with anyone without asking permission first**

This is the new fundamental rule to keeping kids safe. This rule must NEVER be broken. Regardless of if it is a school, public or family function, work with your children to ensure they always ask an adult for permission before going off with ANYONE.

Classic “what if” scenarios are worth their weight in gold. “You are at school and walking back to class after snack when a man comes up to you and says he is looking for his son’s class. He asks you to go with him to show him where it is. Do you go?”

Use tempting scenarios that are relevant to your child, such as puppies or toys, and discuss safe options and strategies in each case.

2. **Your personal alarm**

Children have an innate sensitive personal alarm, which we can teach them to use. This is their natural defence system. Work with them to identify and recognise the physical and environmental signals that cause their alarm to sound. Knowing that a rush of adrenaline will cause physiological changes in our bodies and activate our personal alarm is a good start. A child’s personal alarm will present the same physical and emotional cues that an adult’s will.

3. **Trust your instincts**

Have you ever gotten “the creeps”? Maybe it’s the idea of snakes, mice or heights that does it for your child. Encourage them to draw on how it feels when they get the creeps. Instincts are those feelings you get when something or someone makes you feel uncomfortable. Instincts are the physiological changes that happen to our body when our personal alarm goes off.

Physiological changes include noticing that you feel scared or nervous, your tummy feels upset and your heart is racing. And you know what? Our personal alarm is right 100% of the time.
... Keep children safe in public with these 5 ideas ...

4 Personal space vs. safety zone
Most kids understand the concept of personal space. How many times have we heard, “Stop invading my personal space!” Most people feel comfortable within an arm’s length of others. However, do your kids recognise their safety zone? Teach your child to be aware of their surroundings. If a “strange” person is too close, suggest they back away and maintain their safety zone. A safety zone is much bigger than your personal space – at least three giant steps bigger.

5 Safe places, safe people
There are times when a child must ask for help quickly and instinctively. We already know that not all strangers are bad, that most strangers will help a child who is lost or upset. It is situations that are safe, not places. Talk with your child and reinforce that he or she must ALWAYS use his or her skills with ALL people, including those presumed safe. Encourage your child to tell an adult they trust when someone or something has frightened them.

As parents we need to empower our children with self-confidence and trust in their ability to sense when something is just not right. It doesn’t matter if they can articulate it; they just have to feel it.

For more ideas to keep kids safe visit the Daniel Morcombe Foundation.

To find out more about Catherine Gerhardt’s great work about keeping kids safe online and offline visit Kidproofsafety.com.au

Catherine Gerhardt


parentingideas.com.au