Dear Parents,

With Summer uniform now in place, it is obvious that many children have had a growth spurt over the cold weather period. Could everyone please check uniforms to ensure that they still fit and let down hems if necessary. We remind everyone that the uniform length for dresses is not above the knee.

Our Year 1/2s enjoyed a wonderful day at Healesville Sanctuary last Thursday as part of their enquiry learning unit on animal habitats. So much was learnt by the group and lots of information was recorded on their iPads for use back at school. Thank you to the parents who also went along on the day.

Following their success in the Zone Athletics, we congratulate the following students who competed so well in the District competition: Cheyenne M, Dale C, Alice Mc, Piper C, Yasmin R, Alex B, Chelsea C, Hayley B, Grace W, Kelly W, Lachlan R, Connor S and Reece. Our best wishes are with Cheyenne as she now goes through to the regional competition for discus and shotput. Thank you to our parents who put in their time and efforts to ensure that the children were able to compete on Thursday.

Our Mini Vinnies group is organising a Socktober Day this Friday. Children are asked to wear colourful or non-matching socks and to put a coin in the class sock to raise money for clean water equipment for the children of Madagascar. See further on for more information. While we are on the topic of social justice, we have received a certificate of appreciation acknowledging our assistance to four students in Bangladesh through the Assist a Student program which was the focus of our last fundraiser. It is wonderful to know that through their fundraising, our children have changed the lives of these four people.

Field Days are coming up this week. It is not too late to give a little of your time to assist! This event raises funds of which every child in our school benefits from, so please see come along for an hour or two! Thank you so much to those who have already offered! It is much appreciated!

Congratulations to our Students of the Week for the last week of Term 3:

PB: Cooper  PF: Sophie  
1/2F: Cameron 1/2U: Liam 1/2H: Brigitte 1/2R: Violet  
5/6B: Connor 5/6L: Christian 5/6F: Shae 5/6S: Fraser

With my prayers and best wishes for the coming week,
Mrs Lynne O'Meara  Principal
### Week Two

<table>
<thead>
<tr>
<th>Date</th>
<th>Time</th>
<th>Activities</th>
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</thead>
<tbody>
<tr>
<td>Monday 12th October</td>
<td>8.45am</td>
<td>School Assembly</td>
</tr>
<tr>
<td></td>
<td>2.00pm</td>
<td>P &amp; F Meeting</td>
</tr>
<tr>
<td></td>
<td>3.30pm</td>
<td>Staff Meeting</td>
</tr>
<tr>
<td>Thursday 15th October</td>
<td></td>
<td>Field Day Set-up</td>
</tr>
<tr>
<td>Friday 16th October</td>
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<td>Field Day</td>
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<td></td>
<td></td>
<td>Field Day</td>
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<tr>
<td>Saturday 17th October</td>
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<td>SOCKTOBER</td>
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<td></td>
<td></td>
<td>School Assembly</td>
</tr>
<tr>
<td></td>
<td>11.40am</td>
<td>Field Day</td>
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</tbody>
</table>

### Week Three

<table>
<thead>
<tr>
<th>Date</th>
<th>Time</th>
<th>Activities</th>
</tr>
</thead>
<tbody>
<tr>
<td>Monday, 19th October</td>
<td>3.30pm</td>
<td>Staff Meeting</td>
</tr>
<tr>
<td>Wednesday, 21st October</td>
<td>9.15am</td>
<td>Junior Showcase</td>
</tr>
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<td></td>
<td>6.00pm</td>
<td>Junior Showcase</td>
</tr>
<tr>
<td>Friday, 23rd October</td>
<td>11.40am</td>
<td>School Assembly</td>
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</tbody>
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**The Way of Christ**

Lord Jesus, you said,
‘Blest are the poor in spirit;
the reign of God is theirs.’
Give us the spirit of poverty and humility.

Lord Jesus, you said,
‘Blest too are the sorrowing;
they shall be consoled.’
Teach us to share the tears of our brothers and sisters.

Lord Jesus, you said,
‘Blest are the meek;
for they shall inherit the earth.’
Give us a heart that is humble and true.

Lord Jesus, you said,
‘Blest are they who hunger and thirst for justice; they shall have their fill.’
Give us souls that thirst for justice.

Lord Jesus, you said,
‘Blest are they who show mercy;
mercy shall be theirs.’
Open our hearts with love for our brothers and sisters.

Lord Jesus, you said,
‘Blest are the pure in heart,
for they shall see God.’
Enlighten our eyes with your splendour.

Lord Jesus, you said,
‘Blest too are the peacemakers;
they shall be called children of God.’
Make us people of peace and joy.

Lord Jesus, you said,
‘Blest are those persecuted for righteousness’ sake; the reign of God is theirs.’
Make us strong in standing for what is right.

*Fr Lucien Deiss*
All St. Mary’s students are required to wear the full correct school uniform. We believe that the wearing of uniforms promotes the children’s pride in their school and self-discipline. Uniform items can be purchased or made at little cost. The uniform shop at St. Mary’s carries all uniform items, including school and library bags. There is a small amount of second-hand uniforms available in the shop.

Children are expected to have a school bag with the St Mary’s School logo. Please ensure that your children bring their correct school bag.

**Girls’ Winter Uniform**
- Navy tunic or tailored pants
- Length of dresses and tunics should not be above the knee
- St Mary’s polo shirt
- St Mary’s windcheater
- Navy socks or tights
- Black polished shoes (no sneakers/runners)
- Navy gloves and scarf (optional)

**Boys’ Winter Uniform**
- Navy trousers
- St Mary’s windcheater
- Navy socks
- Black polished shoes (no sneakers/runners)
- Navy gloves and scarf (optional)

**Girls’ Winter Sports Uniform**
- Navy track suit pants
- St Mary’s windcheater
- Navy unisex sports shorts or navy skirt.
- St Mary’s polo shirt
- White St. Mary’s sports socks or plain white socks and runners

**Boys’ Winter Sports Uniform**
- Navy track suit pants
- St Mary’s windcheater
- Navy unisex sports shorts
- St Mary’s polo shirt
- White St. Mary’s sports socks or plain white socks and runners

**HEADBANDS FOR SALE**
- 3 STYLES IN SCHOOL COLOUR
- SAMPLES AND ORDER FORMS AVAILABLE IN THE OFFICE.
- $5 EACH.

HEADBAND ORDER FORM:
Name ___________ Class __________

- Style A. (select quantity) ___ 
- Style B. (select quantity) ___ 
- Style C. (select quantity) ___

$ 5.00 each

Amount Enclosed $__________ (Exact money only/Cash Only/No change given)

**NO HAT NO PLAY**
Term 4 - is a ‘No Hat No Play’ term
The uniform shop is open Tuesday afternoons and Thursday mornings.........

Bucket hats are available to purchase for $10.00 each.
Sizes small, medium and large. Send exact money in and envelope with your child’s name/grade and hat size clearly marked

**ST MARY’S NEWS**

Please label your children’s uniforms. Any no name items will be resold as second-hand uniform items at the uniform shop!

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HEADBAND ORDER FORM:
Name ___________ Class __________

- Style A. (select quantity) ___ 
- Style B. (select quantity) ___ 
- Style C. (select quantity) ___

$ 5.00 each

Amount Enclosed $__________ (Exact money only/Cash Only/No change given)
**St Mary's Mass Times Mount Evelyn**
Saturday 6.00 pm & Sunday 10.30 am & 5.00 pm

**SCHOOL FEES**
All families have been sent a statement for 2015 and fee agreement forms. If you have not received yours please check your child’s bag or contact the office.

**Forms must be return signed by the fee payer/s**

**St Mary’s BSB/ACCOUNT Details**
Please see below our BSB details for online transfers
St Marys Primary School
BSB 083-347
Account Number 676054930

**CAR PARK RULES**
Parking in the driveway before 3.15pm is prohibited unless all car parking spaces are taken.

**NO TUCKSHOP THIS WEEK**

**UNIFORM SHOP - NEW OPENING TIMES**
Opening hours
Tuesday Afternoon 3.00pm - 3.30pm & Thursday Morning 8.30am - 9.00am
Order forms available at the office. Payment of cash or cheque MUST be included with your order.

**ST MARY’S NEW WEBSITE**
Check out our new website. The newsletter and other items are uploaded every week for your convenience. (Weekly newsletters will no longer be emailed)
Also including this week, Uniform Order Form, Tuckshop Menu & Car Park Rules
www.smmountevelyn.catholic.edu.au

**SPLIT FIREWOOD SALE**
For $120.00 delivered to your door a generous 1 cubic metre of split hardwood firewood and 2 large bags of kindling ready for your fireplace or slow combustion heater.
Contact Andrew on 5964 3291
or
0427 887 329

**School Bus Applications 2016**
Families living more than 4.8km from school, St Mary’s being the closest to their family residence, could be eligible to travel on the ‘Martyrs’ or ‘Invicta’ Bus for 2016. Application forms are available at the office and are needed to be filled in and returned by Wednesday October 7th for processing

**Religious Education News**
A reading from the Gospel according to Mark

Mark 10:17-30

Go and sell whatever you have and come follow me.

Jesus was setting out on a journey when a man ran up, knelt before him and put this question to him, ‘Good master, what must I do to inherit eternal life?’ Jesus said to him, ‘Why do you call me good? No one is good but God alone. You know the commandments: You must not kill; You must not commit adultery; You must not steal; You must not bring false witness; You must not defraud; Honour your father and mother.’ And he said to him, ‘Master, I have kept all these from my earliest days.’ Jesus looked steadily at him and loved him, and he said, ‘There is one thing you lack. Go and sell everything you own and give the money to the poor, and you will have treasure in heaven; then come, follow me.’ But his face fell at these words and he went away sad, for he was a man of great wealth. Jesus looked round and said to his disciples, ‘How hard it is for those who have riches to enter the kingdom of God!’ The disciples were astounded by these words, but Jesus insisted, ‘My children,’ he said to them, ‘how hard it is to enter the kingdom of God! It is easier for a camel to pass through the eye of a needle than for a rich man to enter the kingdom of God.’ They were more astonished than ever. ‘In that case’ they said to one another, ‘who can be saved?’ Jesus gazed at them. ‘For men’ he said, ‘it is impossible, but not for God: because everything is possible for God.’

The Gospel of the Lord

A man met Jesus on the road and asked him how we can have eternal life. Some of the things Jesus says we can do are written on the sign posts below. Fill in the missing words and pictures.

DO NOT

TELL

ABOUT OTHERS

RESPECT YOUR MOTHER AND FATHER

GIVE MONEY TO THE POOR

Fr. Ashkar is away at the moment, so there will not be any class Masses this week.

Mini Vinnies/ Social Justice – The Mini Vinnies Group would like to once again thank you all for donating to their “Assist-a-student” footy colours day last term. We have received a certificate of appreciation for our generosity. It also names the students, their country and which class they are in. (Nursery is like kinder or prep)

Please see our ad for “Socktober” on another page in the newsletter!
FOOD BANK - DONATIONS REQUIRED

Once again we are collecting donations for our Food Bank. Every year a team of ladies set aside a couple of days from their own busy lives, to cook and prepare meals to freeze for families that may be going through a difficult time. This has helped many members of our St Mary’s Primary School Community last year.

We are asking for donations of, lasagne sheets, pasta sauce, tomato paste, cheese, stock and anything else we can use to make up trays of yummy lasagne and Bolognese sauce. We would also appreciate monetary donations so we can purchase food stufgs to try some new recipes.

If you know of anyone from St Mary’s Primary school that may need some help with a meal for their family, please contact the office.

NEXT COOK-UP – WEDNESDAY 14TH OCTOBER
AT ST MARY’S TUCKSHOP.
HELPERS REQUIRED FOR ALL ENQUIRIES PLEASE CALL Karla 0418 271 755

FOR SALE

Found
Found on the roundabout on the last day of term 3.
Car FM Transmitter phone adapter.
Contact the office.
97362219

FOR SALE .... RED RENAULT SCENIC
$2225 ONO
(available end of November)
IN GOOD CONDITION.
MODEL YEAR 2002
210,000 KM. RECENTLY SERVICED, RWC, COMES WITH ROOF RACK , SEE HAYLEY MOLIATU IN OFFICE.
(0411 438 922)

NO TUCKSHOP THIS WEEK
FACEBOOK  A reminder that there is a St Mary’s parent Facebook group (St Marys Mt Evelyn - parents). This group is run by the parents for the parents not by the school. It’s very handy if you need to ask for lost spelling words or find out which days uniform shop is open if you forget!

URGENT HELP NEEDED
FIELD DAY VOLUNTEERS

Each year the St Mary’s P & F Committee runs a food stall at the Wandin-Silvan Field Days. The Field Days are an opportunity for Horticultural and Farm Machinery exhibitors to showcase their products and services to the local community. This year the event will be held Friday October 16th and Saturday October 17th.

We are seeking volunteers to help us run our food tent. You might be taking food orders, flipping burgers on the bbq or making up orders. It’s a fun day out for the volunteers and a great way to meet some other parents from the school. We also need help loading and unloading our equipment at the start and end of the event.

Please consider putting your name down and helping out the school with this fantastic fundraiser in the slip below and return to the office. We will contact you with more information the week before the event. Thank you! 😊

----------------------------------------
Name: ____________________________________________

Eldest Child’s name: ___________________________ Class: ______________

Phone: Home: ___________________________ Mobile: ________________________

*Please circle shift availability

Wednesday (14th Oct):  Pack and Load truck after school, transport to Field Day venue, unload

Thursday (15th Oct):  Food Preparation (at school, approx. 9:00am – 12:00pm)
                      09:30am – 12:00pm
                      12:00pm – 02:30pm

Friday (16th Oct):  07:15am – 10:30am
                   11:30am – 02:30pm
                   09:00am – 12:00pm
                   02:30pm – 06:00pm

Saturday (17th Oct):  07:15am – 10:30am
                     11:30am – 02:30pm
                     04:00pm – 06:00pm
                     09:00am – 12:00pm
                     02:30pm – 04:00pm
                     approx (pack up)
WEEKLY ADVERTISEMENTS

MOUNT LILYDALE MERCY COLLEGE

Year 7 2017
Applications for Year 7 2017 are now DUE!
If you wish to enrol please forward applications to:
The Registrar
120 Anderson Street
Lilydale VIC 3140
No later than Friday 9 October 2015
Ph: 9736 6022

LEARNING MUSIC IMPROVES CONCENTRATION

YOUR CHILD DESERVES THIS CHANCE
Enrol NOW in ................
Piano on Keyboard Lessons
33.33 per half hour lesson

ONE FREE LESSON IF YOU ENROL NOW
Phone 9761 9058

RAVAE
Acupuncture
Chinese Herbal Medicine
Cosmetic Acupuncture
Chinese Remedial Massage (Tui Na)
Cupping, Moxibustion & Gua Sha
Dietary & Exercise Therapy

6 Hereford Rd, Mt Evelyn
www.ravae.com.au | 9736 2888

WAVY CRES, MOUNT EVELYN
FREE COMMUNITY EVENT
LIVE MUSIC ALL DAY
ACTIVITIES FOR ALL AGES
COMMUNITY INFORMATION
FOOD & DRINKS
PIN UP COMPETITION
DONKEY RIDES
MARKET STALLS
ROVING ENTERTAINMENT
FASHION PARADE
CLASSIC CARS & MORE!

WAVY CRES, MOUNT EVELYN STREET PARTY
10AM - 3PM
SATURDAY 24 OCTOBER 2015
www.mtavelynstreetparty.com

What is it?
A supported playgroup is a trained early childhood facilitator provides activities for you and your child to enjoy together. Weekly smalltalk topics are introduced to explore how young children develop and learn.

Groups operate throughout the Yarra Ranges during school terms and are free for families to attend. Together we can:
- Make friends
- Play games, sing songs
- Make & create
- Listen to stories
- Explore nature
- Dance, sing, balance, jump
- Learn about: preschools, early childhood & community services, activities & events
- Have fun

Would you like to know more about Supported Playgroups in your area?
Please contact the Early Years Team at Yarra Ranges Council
Email: earlyyears@yarraranges.vic.gov.au
Phone: 9294 6323

Are you eligible?
Families with a child(ren) aged under 6 years and current Health Care Card (or equivalent) and eligible for a Family and Children's Payment or Child Safety
FREE supported playgroup

The Sweat Playground
KIDS FITNESS CLASSES

Encouraging kids to move and have fun. Our kids classes are per session and for 2.5hr.

WEDNESDAY, 10.30AM BODYPUMP & ZUMBA
FRIDAY, 10AM BOOGIE BAND & JUNIOR DANCE

Fit Club will teach your kids the benefits of being active, healthy and exercise. In time, they will be being playing fun games.

WEDNESDAY & FRIDAY BODY BUILD 4PM (suitable for boys & girls)
FRIDAY, 4PM (suitable for girls)

Are you interested in wanting to be part of the Sweat Playground? Why not come along to one of our classes and make Sweat Playground part of your child's healthy lifestyle.

EXPERIENCE THE SWEAT MOVEMENT
www.thesweatplayground.com

Developing your child’s social media scripts

It’s important to start conversations with children about using social media at a young age to prepare them to be savvy users when we’re not around.

“The maxim holds true for the world of social media that children now inhabit from an increasingly young age. Even though our children are growing up with technology as a part of their every day lives, they will still make plenty of mistakes while using it. This means we need to have direct conversations with our kids about the comments and posts that are okay to make using social media of all forms.

As parents, we teach our kids to talk politely and clearly so that they know how to speak to others when we’re not around. In effect, we give our kids social scripts to fall back on when they talk to friends, teachers, and relatives. There’s no guarantee they’ll lock an adult in the eye when they speak to them, but our discussions, reminders, and lessons about manners will hopefully hold up when we’re not around.

The same applies to social media. Our conversations and lessons will prepare them to be savvy users when we’re not around. Here are some ideas to get you started:

1 “Is this worth posting?”
   The relatively impersonal nature of social media means that we can post information and pictures with relative immunity. Also, its immediacy means that we can do so without much thought. This means that kids need to be very critical about what they see online. ‘Is this accurate?’ and ‘Is this worth posting?’ are two valid questions children can ask when they read posts placed by others.

2 “Have you taken a big breath?”
   A child who blurts out everything that comes into his mind without thinking is sure to put plenty of people offside. Think before you speak is the type of message that every child should have in mind.

more on page 2

Want more ideas to help you raise confident kids and resilient young people? Subscribe to Happy Kids newsletter, my FREE weekly email parenting guide at parentingideas.com.au. You’ll be so glad you did.
... Developing your child’s social media scripts ...

The same applies to social media. Just because they think something doesn’t mean they post it. ‘Take a big breath’ may just about be the most important message to give your kids about social media.

3 “Do you want the principal to see this?”
An invitation to a teenage birthday party posted on social media is one way to get more attendees than you bargained for! The viral nature of social media means that kids should only post messages and photos that they want to be spread and read by a large audience.

4 “How does this post make you feel?”
We need to teach kids that not every post needs to be commented upon and not every thought needs to be shared, particularly when they are angry. Teaching them to walk away and then to step back in when they’ve calmed down is perhaps the most important communication lesson of all. It is very relevant to social media as emotions are often the last thing on many people’s minds when they haphazardly post a message.

5 “How will you fix this?”
Social media just like any social space requires kids to behave ethically and with kindness. When kids overstep the mark and post hurtful things then it’s fair that they fix their mistakes, and apologise. It’s reasonable that we teach our children to act with tolerance and with empathy online, and if mean things are posted then they should be expected to try to repair relationships through social media, just as they should offline.

I agree with Galit Breen author of Kindness Wins who says that parents should have conversations with children around social media before they reach the teenage years. Starting these conversations when they are younger means that they are more open to our parenting opinions, as well as being a little more amenable to the messages of tolerance, kindness and empathy that we need to encourage.

Michael Grose